

ÖZGEÇMİŞ

1. **Adı Soyadı** : Ezgi Tuna
2. **Doğum Tarihi** : 08.08.1985
3. **Unvanı** : Yardımcı Doçent
4. **Öğrenim Durumu** : Doktora
5. **Çalıştığı Kurum** : Çankaya Üniversitesi, Psikoloji Bölümü

Derece	Alan	Üniversite	Yıl
Lisans	Psikoloji	Boğaziçi Üniversitesi	2008
Y. Lisans	Klinik Psikoloji	Orta Doğu Teknik Üniversitesi	2012
Doktora	Klinik Psikoloji	Orta Doğu Teknik Üniversitesi	2017

6. **Akademik Unvanlar**
Yardımcı Doçentlik Tarihi : 20.10.2017
Araştırma Görevlisi : 2013-2017

7. Yayınlar

7.1. Uluslararası hakemli dergilerde yayınlanan makaleler (SCI, SSCI ,Arts and Humanities)

Tuna, E. & Bozo, Ö. (2014). Exploring the link between emotional and behavioral dysregulation: A test of the Emotional Cascade Model. *The Journal of General Psychology*, 141, 1-17. (SSCI)

Tuna, E. & Bozo, Ö. (2012). The Cognitive Emotion Regulation Questionnaire: Factor Structure and Psychometric Properties of the Turkish Version. *Journal of Psychopathology and Behavioral Assessment*, 34(4), 564-570. (SSCI)

7.2. Ulusal hakemli dergilerde yayınlanan makaleler

Tuna, E. (2016). Psikoterapide direnci anlamak ve dirençle çalışmak. *Ayna Klinik Psikoloji Dergisi*, 3(3), 10-25. (ULAKBİM)

7.3. Uluslararası bilimsel toplantılarda sunulan ve bildiri kitabında özeti basılan bildiriler.

Tuna, E., & Gençöz, T. (Temmuz, 2017). Pain Perception, Distress Tolerance and Physiological Reactivity in NonSuicidal SelfInjury: Possible Mechanisms and Future Directions. Sözlü Bildiri. *15th European Congress of Psychology*, Amsterdam, Hollanda.

Tuna, E., & Gençöz, T. (Temmuz, 2017). Prevalence and Characteristics of NonSuicidal SelfInjury in a Non-Clinical Sample of Turkish Young Adults. Sözlü Bildiri. *15th European Congress of Psychology*, Amsterdam, Hollanda.

Canel-Çınarbaş, D., Ar, Y., & **Tuna, E.** (Ağustos, 2016). Turkish Muslim Religious Healers: A Qualitative Investigation of Hocas and Their Methods. Poster Bildirisi. *The 23rd Congress of the International Association for Cross-Cultural Psychology*, Nagoya, Japonya.

Tuna, E., & Gençöz, T. (Eylül, 2016). A Comparison of Psychological Risk Factors for Non-Suicidal Self-Injury. Poster Bildirisi. *The 46th European Association of Behavioural and Cognitive Therapies Congress*. Stockholm, İsveç.

Tuna, E., & Gençöz, T. (Eylül, 2016). What Differentiates Self-Injurers and Non-Injurers? : Exploring the Role of Emotion Dysregulation. Poster Bildirisi. *The 46th European Association of Behavioural and Cognitive Therapies Congress*, Stockholm, İsveç.

Tuna, E. (Temmuz, 2015). An Examination of Cognitive Emotion Regulation Strategies in the Prediction of Excessive Reassurance-Seeking. Sözlü Bildiri. *14th European Congress of Psychology*, Milano, İtalya.

Tuna, E. (Temmuz, 2014). Attitudes toward Lesbians and Gay Men among Turkish Mental Health Professionals. Sözlü Bildiri. *28th International Congress of Applied Psychology*, Paris, Fransa.

Tuna, E. & Bozo, Ö. (Temmuz, 2011). The Unifying Role of Ruminative Processes in Behavioral Dysregulation: A Test of the Emotional Cascade Model. Poster Bildirisi. *12th European Congress of Psychology*, İstanbul, Türkiye.

Tuna, E. & Bozo, Ö. (Temmuz, 2011). The Cognitive Emotion Regulation Questionnaire: Factor Structure and Psychometric Properties of the Turkish Version. Poster Bildirisi. *12th European Congress of Psychology*, Istanbul, Turkey.

Tuna, E., Bozkurt, A., Yalçınöz, B., Bilge, M.T. (Nisan, 2008). Stroop Interference in a Sample of College Women: Weighing Increases Color Naming Latencies. Sözlü Bildiri. *22nd European Federation of Psychology Student Associations Congress*, Vilnius, Litvanya.

7.4. Ulusal bilimsel toplantılarda sunulan ve bildiri kitabında özeti basılan bildiriler

Tuna, E. & Otçeken, M. (September, 2008). Bir Madde Bağımlılığı Önleme Projesinin Etkinliği. Sözlü Bildiri, *14. Ulusal Psikoloji Kongresi*, İstanbul, Türkiye.

7.5. Uluslararası Atıflar

Domínguez Lara, S. A., & Medrano, L. A. (2016). Factorial invariance of Cognitive Emotional Regulation Questionnaire (CERQ) in college students from Lima and Cordoba. *Universitas Psychologica*, *15*(1), 89-98.

Feliu-Soler, A., Reche-Camba, E., Borràs, X., Pérez-Aranda, A., Andrés Rodríguez, L., & Peñarrubia-Maria, M. T. (2017). Psychometric properties of the Cognitive Emotion Regulation Questionnaire (CERQ) in patients with Fibromyalgia Syndrome. *Frontiers in Psychology*, *8*, 2075.

- Ireland, M. J., Clough, B. A., & Day, J. J. (2017). The cognitive emotion regulation questionnaire: Factorial, convergent, and criterion validity analyses of the full and short versions. *Personality and Individual Differences, 110*, 90-95.
- Jungmann, S. M., Vollmer, N., Selby, E. A., & Witthöft, M. (2016). Understanding dysregulated behaviors and compulsions: An extension of the Emotional Cascade Model and the mediating role of intrusive thoughts. *Frontiers in psychology, 7*.
- Martins, E. C., Freire, M., & Ferreira-Santos, F. (2016). Examination of adaptive and maladaptive cognitive emotion regulation strategies as transdiagnostic processes: Associations with diverse psychological symptoms in college students. *Studia Psychologica, 58*(1), 59-73.
- Martino, F., Caselli, G., Berardi, D., Fiore, F., Marino, E., Menchetti, M., ... & Sassaroli, S. (2015). Anger rumination and aggressive behaviour in borderline personality disorder. *Personality and mental health, 9*(4), 277-287.
- Meaney, R., Hasking, P., & Reupert, A. (2016). Borderline Personality Disorder Symptoms in College Students: The Complex Interplay between Alexithymia, Emotional Dysregulation and Rumination. *PloS one, 11*(6), e0157294.
- Megreya, A. M., Latzman, R. D., Al-Attayah, A. A., & Alrashidi, M. (2016). The Robustness of the Nine-Factor Structure of the Cognitive Emotion Regulation Questionnaire across Four Arabic-Speaking Middle Eastern Countries. *Journal of Cross-Cultural Psychology, 47*(6), 875-890.
- Pistorello, J., Hayes, S. C., Costello, E., Simpson, E., Begin, A., Rosen, K., & Pearlstein, T. (2015). Suppression, Acceptance, and Monitoring of Personally-Relevant Unwanted Thoughts in Women Diagnosed with Borderline Personality Disorder. *Journal of Experimental Psychopathology, 4*, 411-432.
- Sakakibara, R., & Endo, T. (2016). Cognitive appraisal as a predictor of cognitive emotion regulation choice. *Japanese Psychological Research, 58*(2), 175-185.
- Selby, E. A., Fehling, K. B., Panza, E. A., & Kranzler, A. (2016). Rumination, mindfulness, and borderline personality disorder symptoms. *Mindfulness, 7*(1), 228-235.
- Selby, E. A., Kranzler, A., Panza, E., & Fehling, K. B. (2016). Bidirectional- Compounding Effects of Rumination and Negative Emotion in Predicting Impulsive Behavior: Implications for Emotional Cascades. *Journal of personality, 84*(2), 139-153.

8. İdari Görevler

Tanıtım Koordinatörü, Çankaya Üniversitesi Psikoloji Bölümü (Ekim, 2017 -)

9. Ödüller

Orta Doğu Teknik Üniversitesi, Sosyal Bilimler Enstitüsü Yayın Teşvik Ödülü (2014)

TÜBİTAK Yurt içi Doktora Bursu (2014-2017)

Boğaziçi Üniversitesi, Başarı Bursu (2003-2008)

10. Son iki yılda verdiğiniz lisans ve lisansüstü düzeydeki dersler için aşağıdaki tabloyu doldurunuz.

Akademik Yıl	Dönem	Dersin Adı	Haftalık Saati		Öğrenci Sayısı
			Teorik	Uygulama	
2017-2018	Güz	Gelişim Psikolojisi	8	-	61
		Sağlık Psikolojisi	8	-	81
	İlkbahar				