



Nakşidil Yazihan CV, 04/2022

Çankaya University, Department of Psychology
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EDUCATION & TRAINING:

University of Ankara, Department of Interdisciplinary Neuroscience, Ankara, Turkey

2011-2017

Thesis Title: Sleep and Cognitive Functions of First Episode Drug Naïve non-Affective Psychosis Patients

Thesis Advisor: Prof.Dr.Eyup Akarsu & Prof.Dr.Sinan Yetkin

University of Hacettepe, Experimental Psychology - MSc

2001 – 2003

Thesis Title: The Effect of Sleep Apnea on Cognitive Functions

Thesis Advisor: Prof. Dr.Sirel Karakaş & Prof.Dr. Hamdullah Aydın

University of Hacettepe, Psychology-Gr

1994-1999

EMPLOYEMENT:

Çankaya University (Asst. Prof.)

2017- continuing

Gulhane Military Medical Academy, Department of Psychiatry (psychologist)

2001-2017

REFEREED JOURNAL PUBLICATIONS

Fidantek, H., Yazihan, N., Tuna, E. (in press) Mediator Role of Positive and Negative Affect in the Relationship between Sleep Quality, Depressive Symptoms and Anxiety in Young Adults. *Turkish Journal of Sleep Medicine*.

Yazihan N., Yetkin S. (2020) Sleep, sleep spindles, and cognitive functions of first-episode drug naïve patients with psychosis. *Journal of Clinical Sleep Medicine*;16(12):2079-2087. doi: 10.5664/jcsm.8776.

Yazihan N., Yetkin S. (2019) Sleep spindle-related electroencephalograph activity of young adults and its relation to cognitive functions. *Neurol Sci Neurophysiol*, 36(4), 208-14.

Yazihan N., Canbaz H., Çınar O., Ak M. (2019). Metacognitive beliefs and coping strategies of suicide attempters. *Psychiatry and Behavioral Sciences*, 9 (1-2), 34-40.

Yazihan, N.T. (2020). Does a correlation exist between fluid intelligence and creativity? *Cyprus Turkish journal of Psychiatry & Psychology*, 2 (1): 28-34 doi:10.35365/ctjpp.20.2.4.

Yazihan N., Yelboga Z. (2019). Metacognitive beliefs of posttraumatic stress disorder patients. *Turkish Journal of Clin Psy*, 22(4), 445-451.

Yazihan Torun N, Yetkin S (2018). The relationship between sleep and declarative memory. *Journal of Turkish Sleep Medicine*, 5, 54-57.

Can H., Doğutepe E., Torun Yazihan N., Korkmaz H. ve Erdoğan Bakar E. (2016). Construct validity of auditory verbal learning test. *Turkish Journal of Psychiatry*, 27, 195-203.

Yazihan N., Doruk A., Balıkçı A. ve Erdem M. (2015). Cognitive functions in bipolar manic and remitted episodes: a longitudinal study. *Journal of Mood Disorders*, 5, 62-69.

Doruk A., Yazihan N., Balıkçı A., Erdem M., Bolu A. ve Ateş A. (2014). Cognitive functions in bipolar manic, depressed and remission episodes. *Bulletin of Clinical Psychopharmacology*, 24, 59-68.

Ak M., Torun Yazihan N., Sütçigil L. ve Hacıömeroğlu B. (2013). Metacognitive beliefs of patients with major depression in the context of suicidal behaviour. *Archives of Neuropsychiatry*, 50, 95-99.

Torun Yazihan N., Özşahin A. ve Sütçigil L. (2012). The reflections of attention deficit hyperactivity disorder through adulthood. *Clinical Psychiatry*, 12, 43-50.

Torun Yazihan N., Aydın H. ve Karakaş S. (2007). Neuropsychological profile in different levels of obstructive sleep apnea, *Sleep and Biological Rhythms*, 5, 85-94.

Sütçigil L., Aydın H., Özgen F., Cöngöloğlu E. ve Torun Yazihan N. (2005). The characteristics of sleep in Insomnia. *Journal of Gülhane Meidcine*, 47, 159-163.

REFEREED CONFERENCE PROCEEDINGS

Yazihan, N., & Başaran, Y. (2021, March). *Short term effects of hormone replacement therapy on cognitive functions in young treatment-naïve patients with hypogonadism*. The Asian Conference on Psychology & the Behavioral Sciences, Tokyo (Oral pres.online).

Yazihan, N. (2020, November). *Are sleep spindles electrophysiological markers of cognition?* 18th National Neuroscience Congress, Ankara. Oral pres.

Yazihan T.N. (2019, October). *Investigation of metacognitive beliefs in cases with moderate and severe depressive symptoms*. 55th National Psychiatry Congress, İstanbul. Oral pres.

Yazihan T.N. (2019, October). *The investigation of sleep, subthreshold depressive symptoms, and cognitive functioning in university students*. 20th. National Sleep Medicine congress, İstanbul. Oral pres.

Yazihan T. N., Yetkin S. (2018, November). *The relationship between sleep spindles and cognitive functions*, 20th. National Psychology Congress, Ankara. Oral pres.

Yazihan N., Yetkin S., Kızılay E., Akarsu E.S. (2017). *Investigation of sleep and cognitive functions of first episode drug-naive non affective psychotic patients*, Sleep Medicine, 40,354. 15th World Sleep Congress, Prague. Oral pres.

Yazihan N., Yelboğa Z., Çelik C. (2013, May). *Metacognitive beliefs of male PTSD patients*, 25th APS Annual Convention, Washington DC. Poster pres.

Yazihan N., Yelboğa Z., Çelik C. (2010, July). *Combat related nouns and their emotional impressions*, The International Neuropsychological Society, Mid-Year Meeting, Krakow. Poster pres.

Doruk A., Yazihan N., Balıkcı A. (2008) How manic phase affects performance on neuropsychological tests? *International Journal of Psychophysiology* ,69, 293. Poster pres.

Yazihan N., Aydın H., Karakaş S. (2004). Neuropsychological profile in levels of obstructive sleep apnea, *International Journal of Psychophysiology*, 54, 168. Poster pres.

TEACHING EXPERINCE

PSY527 Neuropsychology and Neuropsychological Application, Masters (3 hour per week)

PSY526 Sleep and Cognition, Masters (3 hour per week)

PSY523 Introduction to Cognitive Neuroscience, Masters (3 hour per week)

PSY488 Experimental Psychology: Learning, 3rd year psychology students (4 hour per week)

PSY429 Science of Sleep, 4th year psychology students (4 hour per week)

PSY414 Cognitive Impairments in Psychological Disorders Course, 4th year psychology students (4 hour per week)

PSY388 Physiological Psychology, 3rd year psychology students (4 hour per week)

PSY310 Psychological Assessment 3rd year psychology students (3 hour per week)

PSY113 Research Methods 1st year psychology students (4 hour per week)

BOOK CHAPTERS

2022 Sleep and brain development. K.M. Yalçın (Ed.). Brain Development. Ankara: Nobel Akademik Yayıncılık.

2021 Neurobiology of emotions. N. Yazihan (Ed.) Physiological Psychology. Ankara: Nobel Kitapevi.

2021 Cognitive research in cyber psychology. S. Günüş (Ed.) Cyber Psychology. Ankara: Anı Yayıncılık.

2021 Sleep spindle and clinical manifestations. S. Karakaş (Ed). Cognitive Neuroscience. Türkiye Klinikleri.

2020 Sleep problems among children with ADHD. Ş.Soyşal (Ed.) Attention Deficit Hyperactivity Disorder. Ankara: Nobel Kitapevi.

BOOK CHAPTERS (Translation into Turkish)

2021 Kaplan ve Sadock Kapsamlı Psikiyatri Kitabı, Güneş Tıp Kitapevi. (Sadock B.J., Sadock V.A., Ruiz, P., 2017, Kaplan & Sadock's Comprehensive Textbook of PsychiatryI-II

2016 Kaplan ve Sadock, Psikiyatri, Güneş Tıp Kitapevi. (Sadock B.J., Sadock V.A., Ruiz, P., 2014, Kaplan and Sadock's Synopsis of Psychiatry Behavioral Sciences /Clinical Psychiatry)

2016 Ruh Sağlığı ve Psikiyatri Hemşireliğinin Temelleri, Akademisyen Yayınevi. (Townsend, M.C. ,2013, Essentials of Psychiatric Mental Health Nursing).

2014 Bilişsel Psikoloji Zihin ve Beyin, Nobel, Akademik Yayıncılık. (Smith, E. E. ve Kosslyn, S. M., 2006, Cognitive Psychology: Mind and Brain).

ACADEMIC AWARDS:

2009 7th National Biologic Psychiatry Congress-Turkey, Prof. Dr. Bilgen Taneli Award, 2009 (The third best research award).

2021 The Scientific and Technological Research Council of Turkey grants 2219-International Postdoctoral Research Fellowship Program (Yale School of Medicine, starting in 2022).

SKILLS:

FOREIGN LANGUAGES: Advanced in English (YOKDİL=98,75)

OTHER: Ms Office Programs, SPSS, Neuropsychological assessment (Stroop Test, Raven Standard Progressive Matrices, Auditory Verbal Learning Test, Trial Making, Serial Digit Learning Test, Cancellation Test, Judgment of Line Orientation, Visual Auditory Digit Span, MOCA, Wisconsin Card Sorting Test, Rey Complex Figures), Sleep EEG

CERTIFICATES:

The Albert Ellis Institute, Theoretical Foundations of Rational Emotive Therapy, 2014, Ankara.
Interactive Media Institute, New Tools to Enhance Posttraumatic Stress Disorder Diagnosis and Treatment: Invisible Wounds of War, NATO Advanced Studies Institute, 18-28 June 2012.

Minnesota Multiphasic Personality Inventory, Turkish Psychologists Association ,2001, Ankara

Sleep Disorders, Sleep Research Association, GATA, 2001, Ankara.

ACADEMIC INTERESTS:

Cognitive neuroscience (Sleep), Neuropsychology (Cognitive impairments in psychological disorders).

PROFESSIONAL MEMBERSHIPS & SOCIETIES

Federation of European Neuroscience Societies (FENS)

Association of Psychophysiology and Neuropsychology.

Turkish Brain Research and Neuroscience Association.